

Activity: Pelvic inflammatory disease

Suggested self-reported CPD activities: - choose one or more or develop your own.

Educational activity	Measuring outcomes	Reviewing performance
<p>Activity 1 – PID reading: Read and review one or more resource focusing on PID:</p> <ul style="list-style-type: none"> - Australian STI Management guidelines https://sti.guidelines.org.au/syndromes/pelvic-inflammatory-diseases-pid/ - AusDoc How to Treat PID article and quiz https://www.ausdoc.com.au/how-treat/pelvic-inflammatory-disease (requires Australian Doctor log in) - MoCCA website https://www.mocca.org.au/home/consider-pid with links to patient factsheets and resources to help diagnosing PID. 	<p>Activity 1 – PID and STIs: Review a sample of your patients (with female reproductive organs) and with a chlamydia or other STI diagnosis (gonorrhoea, <i>Mycoplasma genitalium</i> (suggestion of 6-8 patients). Compare your management notes to your readings about PID. Does the patients clinical picture suggest a PID diagnosis could have also been possible.</p> <p>Activity 2 – PID diagnosis and investigations: Review a sample of your patients with a PID diagnosis (suggestion of 6-8 patients). Compare your management notes to your readings about PID and identify areas for improvement. For example, were all key investigations conducted (STI, pregnancy tests) and were important differential diagnoses excluded?</p>	<p>Activity 1 – Reflection: Prepare a short description of a patient with a PID diagnosis you cared for including presenting signs and symptoms, investigations, history taking, differential diagnoses and management. Reflect on areas your care aligned or differed to the recommended PID diagnosis and care and identify areas for improvement.</p> <p>Activity 2 – Role play: Reflect on how you would explain a PID diagnosis and management to a patient. What factsheets are available to support the discussion with your patient (example at https://www.mocca.org.au/images/PDFs-2022/PID-factsheet-Phase-3_24May2022.pdf). Role-play this with a colleague or friend and then check their understanding by asking them to explain it back to you.</p>

An electronic version of these CPD activities is available at <https://www.mocca.org.au/participating-clinics/cpd>

As relevant log your hours of educational activity, measuring outcomes and/or reviewing performance in myCPD Home (<https://mycpd.racgp.org.au/myCPD>)

Thanks to North Western Melbourne PHN, Central and Eastern Sydney PHN and Dr Chang June Jung for their assistance in developing these suggested self-reported CPD activities

