

## Partner management

**Suggested self-reported CPD activities:** - choose one or more or develop your own.

Educational activity	Measuring outcomes	Reviewing performance
<p><b>Activity 1 – Partner management reading:</b> Read one or more resource on partner management for chlamydia / STIs:</p> <ul style="list-style-type: none"> <li>- <a href="#">Australian STI Management Guidelines</a></li> <li>- <a href="#">Australasian Contact Tracing Guidelines</a></li> <li>- <a href="#">MoCCA website</a></li> <li>- RACGP Curriculum and syllabus for Australian General Practice - <a href="#">sexual health and gender diversity unit</a></li> </ul> <p><b>Activity 2 - Patient delivered partner therapy reading:</b> Read the AJGP article <a href="#">Patient-delivered partner therapy: One option for management of sexual partner(s) of a patient diagnosed with a chlamydia infection</a> and prepare and deliver a presentation on patient delivered partner therapy for your colleagues.</p>	<p><b>Activity 1 – Audit:</b> Audit a sample of your patients with chlamydia or other STIs (suggestion for 6-8 patients). Compare your management notes to your reading of partner management resources and identify areas for improvement. For example, was partner management part of the chlamydia / STI management discussion? Was the number of partners requiring notification noted, what method/s of notification did patients opt for? What resources did you provide for patients to support them with notifying their partners?</p>	<p><b>Activity 1 – Practice meeting:</b> Review the MoCCA website and other resources for STI partner management. Prepare and lead a discussion at a practice meeting on partner management for your patient/s with chlamydia/STI. What are the GPs responsibilities for partner management? What challenges are encountered? What factsheets and resources are used to support patients with notifying their partners? How is the partner management discussion documented? Are there areas for improvement? Are there other resources you can use?</p> <p><b>Activity 2 – Role play:</b> Reflect on how you would have a discussion with your patient about informing their sexual partners that they may have been exposed to a chlamydia infection. Role-play this with a colleague or friend and then check their understanding by asking them to explain it back to you.</p> <p><b>Activity 3 – PDPT:</b> Review PDPT guidance if available for your jurisdiction (<a href="https://www.mocca.org.au/home/pdpt">https://www.mocca.org.au/home/pdpt</a> ). Reflect on the AJGP PDPT article and patient situations where PDPT could be an option for treating partners of chlamydia positive patients. Discuss the process for offering / recording PDPT in your clinic with a colleague. What resources can you use to support PDPT provision (eg. shortcuts, prescription templates <a href="https://www.mocca.org.au/resources/workflow-resources">https://www.mocca.org.au/resources/workflow-resources</a> ).</p>

An electronic version of these CPD activities is available at <https://www.mocca.org.au/participating-clinics/cpd>

As relevant log your hours of educational activity, measuring outcomes and/or reviewing performance in myCPD Home (<https://mycpd.racgp.org.au/myCPD>)

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